

Short-term  
volunteering in  
Vitawa Asociación.



# Host organization and project context

*We are a Center that works with children from dysfunctional families and/or single parent families in which problems such as alcohol, addiction, unemployment, low economic status, physical and psychological violence are present. Children have educational problems and sometimes highly disordered behavior. Some of them had experienced heavy emotional trauma. Children are relegated to the Center by school educators, social workers and legal guardians.*

*The main aim of our programme is to create conditions of regular development for children in the atmosphere of safety and acceptance and to manage psychological trauma. In the day-care center we carry on various types of activities for children: intellectual, artistic or motor ones. We run reeducation activities as well. We pay attention especially to group and individual socio-therapeutic workshops. We provide to our pupils: staying in friendly, cheerful, orderly environment where certain values are obeyed. We aim to reduce the risk of drug and alcohol abuse, managing with psychological trauma, organizing alternative ways of spending spare time.*





*What will volunteer learn?*



The volunteers will learn how to work with people from different countries, with various backgrounds and at different ages (kids and youth). They will gain experience how to work in a team, plan and share work with each other. Conducting the workshops will require also making decision, solving problems, negotiating. They will be involved in conceptual work regarding the workshops which will enable them to propose their own ideas and get the initiative out. They will learn different methods of teaching and working with the groups. By working in a team, they will learn how to reach a compromise, listen to others and understand their points of view. They will also improve their language skills. This experience can be valuable on professional and personal level.

# *Volunteer profile*



We are looking for people who are open, communicative, like to work with children and youth and who are eager to work in a group. The volunteer should be a person who wants to learn new things, meet new people and develop his/herself. He/she should have an initiative and be motivated to help others. We also welcome people who are interested in various forms of arts such as music, dance, painting, handicrafts etc.

# Practical information:

*As a part of European Solidarity Corps Programme the volunteers are provided with an international travel (up to the travel limit per country) food, pocket money, local transport and the accommodation in the hostel in Gdynia in shared rooms.*



*Project is funded by the  
European Solidarity Corps  
programme of the European  
Union.*



Hope to see you  
soon in Gdynia!

